



Method

- 1. Prepare the vegetables.
- 2. Fry the vegetables, not including the tomato in one tablespoon of oil for 5 minutes.
- 3. Stir in the rice.
- 4. Mix the stock powder with the water.
- 5. Add the stock, peas and curry
- powder/herbs/spices
- 6. Simmer for 15 minutes, until the rice is tender.
- 7. Stir in the chopped tomato and any additional ingredients.