

Flapjacks

Recipe

200g/8oz porridge oats
100g/4oz butter
50g/2oz sugar
4tbsp golden syrup

Tin to bake it in

Box to carry home in

Equipment

Wooden spoon

Tablespoon

Saucepan

Large mixing bowl

Small square/round cake tin

Method

- 1) Collect equipment.
- 2) Turn oven on to 160c/Gas 5.
- 3) Grease and line the tin.
- 4) Put the butter, sugar, cocoa and syrup into a saucepan.
- 5) Place the saucepan on the hob and melt the ingredients over a low heat - stir with a wooden spoon until you have a liquid.
- 6) Take the pan off the hob and add the oats and raisins to the pan.
- 7) Stir until everything is combined.
- 8) Press the mixture into the bottom of tin in an even layer
- 9) Bake for 25 minutes.
- 10) Wash up.



Dietary Information

Swap the butter for dairy free butter
Swap the porridge oats for gluten free oats