# EXAM Physical Education Learning Journey

TRUE LEARNING PARTNERSHIP

Go to university to enhance your studies and get a degree

Start a degree level apprenticeship

Employment

Paper 1: Injury Rehab, Biomechanics
Paper 3: Routes to success, Technology in sport

Practical Moderation

EAPI Assessment

Mock examinations

EAPI Mock

Practical Sports Evidence Deadline

Unit 1: A+P-Exam

Unit 1: Energy Systems

Unit 3: Career and Job opportunities in Sports Industry

Unit 3: Recruitment and Selection process in selected career pathway

Unit 1: Cardiovascular System

Unit 1: Respiratory System

Unit 1: Muscular System

Unit 2: A+P-RECAP

Unit 1: Skeletal system

Unit 2: Exam

Unit 2: Understanding training

Unit 2: Training methods

Unit 2: Programme related nutritional needs

Unit 2: Screening and Training programming

Unit 2: Lifestyle factors on health and well-being

YEAR 13

Paper 1: Preparation and training methods
Paper 3: Global sporting events, ethics & deviance, commercialisation

EAPI: Practice 2

Paper 3: Emergence of sport

Mock examinations

EAPI: Practice 1

Paper 1: Diet and Nutrition

Practical Sports Evidence 1

Paper 1: Physiological Factors affecting Performance
Paper 2: Skill Acquisition

Paper 1: Energy Systems, Body Systems,
Paper 2: Skill Acquisition

A-Level PE

YEAR 12

BTEC Sport (Pearson)

Unit 7: NGB's – rules and regulations

Unit 7: Officials in Sport

Unit 7: Technical and Tactical Demands in Sport

Unit 7: Performing in selected sports

R185: Moderation of practical sports

R184: Revision for exam

R184: Contemporary issues in Sport Topic 5

Course Completion – Post 16 Education

Activity 4 | Activity 3 | Activity 2 | Practical (to be determined by cohort)

Summer Exams

Injury Prevention

Practical Moderation

Effects of Exercise

AEP – Controlled Assessment

Year 11 Mocks

Physical Training

R184: Contemporary issues in Sport Topic 3&4

Activity 1

Cardio and Respiratory Systems

R184: Contemporary issues in Sport Topic 1&2

YEAR 11

Muscular System

Year 10 Mocks – Paper 1 and 2

Movement Analysis

Activity 3

Paper 1 Content - Skeletal System

R185: Planning leadership session

R185: Lead sports session and review

Activity 2

R185: Review own performance in sport

Health, Fitness and Well-being

R186: Negatives of media on sport

R186: Positives of media on sport

R186: How is sport covered in the media

CNAT Sport (OCR)

YEAR 10

Activity 1 | Practical (to be determined by cohort)

GCSE PE (OCR)

Sports Psychology

Ethical and Socio-Cultural Issues in Sport

Commercialisation of sport

Engagement patterns in PA and Sport