

Year 12 A level Bulletin

Dear Parents/Guardians/Carers,

We are nearly a full term into the A level Physical Education course. The students have covered a lot of new topics within each area. Some of the theory work can start to become confusing the more we cover so students should be consistently reading their notes to familiarise themselves with the content. If you have any further questions or concerns please contact us:

- cew@phs.cheshire.sch.uk – Miss Wilson
- jlh@phs.cheshire.sch.uk – Miss Hancock

This term...

Theory lessons – TOPICS COVERED:

JLH: Applied Anatomy & Physiology

- Cardiovascular & respiratory systems
 - At rest
 - During different intensities

CEW: Skill Acquisition

- Learning theories
- Guidance
- Feedback
- Memory models

Students will complete their 4th Paper 2 interleaving test before Christmas and their 2nd test for Paper 1 in the January assessment window. Tests will include all of the information covered so far within the relevant lessons.

Practical activities

Students are currently filling in their competition log for the sport they will be assessed in or will complete their talk in. Videoing can be completed at any time during the course with students creating a portfolio of evidence if they wish rather than relying on one piece of evidence. This will help if a student sustains an injury close to moderation or evidence deadlines. Students are advised to be practising and competing in their sports as much as possible throughout the course.

NEA EAPI

Students have been issued with their first clip for their verbal response. For this attempt they will be focusing on just the strengths and weaknesses in skill, fitness and tactics and linking the theory to what they identify. It will be presented in a written format due in after the Christmas break (19th January 2023) and will count towards their assessment week.

Homework

Students have been informed that their home learning will be set on a week by week basis via Google Classroom. The tasks set will be relevant to the topics and encourage further learning around the area taught in the lesson. If there are not specific tasks that students have been encouraged to read around, then they should observe sporting news/stories during the week to help support the examples needed for their examinations. Students can also complete preparatory work for their EAPI.

Personal study

Students are allocated personal study during their free periods. For three hours per fortnight students should focus on their Physical Education studies.

We hope you find the information useful and thank you in advance for your support. It is a subject we are passionate about and we hope our students feel the same way throughout their studies.

We hope you all have a restful Christmas break and wish you a happy New Year.

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