

## Year 13 A level Bulletin

Dear Parents/Guardians/Carers,

Students have been working hard over the last half term and are making good progress.

This term...

### **Theory lessons – TOPICS COVERED:**

#### **MAH: Applied Anatomy & Physiology/Exercise Physiology**

The students have completed the Applied Anatomy & Physiology section of the course and are making their way through the Exercise Physiology part of the course. The topics cover this half term in Exercise Physiology are:

- Injury prevention & rehabilitation
- Biomechanics (recently started and continuing after Christmas)

#### **AKE: Socio-cultural issues in sport**

Students have covered the emergence and evolution of modern sport, starting in pre-industrial Britain through the industrial revolution and the influence of Public Schools, throughout the 20<sup>th</sup> century up to the present day. Topics cover during this half term are:

- Globalisation of sport
- Ethics & deviance in sport (including drugs, violence & gambling)

The students are demonstrating good retention of knowledge and are showing an interest in the topics covered.

#### **Interleaving tests**

Students are informed of their interleaving test dates by their teacher and are completed during their theory lessons.

#### **Non-Examined Assessment (NEA)**

##### **Practical activities**

Students are currently filling in their competition log for the sport they will be assessed in or will complete their talk in. Videoing evidence should be submitted before the Christmas break to allow us to mark it ready for the new year deadline with students creating a portfolio of evidence if they wish rather than relying on one piece of evidence. This will help if a student sustains an injury close to moderation or evidence deadlines. Students are advised to be practising and competing in their sports as much as possible throughout the course.

##### **EAPI (Evaluation & Analysis of Performance for Improvement)**

Students have now completed practice EAPIs, recently submitting a voice note piece. They will have the opportunity to complete a mock EAPI in the new year so that they can experience the full set up of it. Below is guidance relating to the EAPI from the exam board. Students

need to ensure that they are covering all areas in detail to gain higher marks in this element. Watching games in their chosen activity and picking out strengths and weaknesses (then creating a development plan) is a very useful way of practicing this element – the task also lends itself well to extra revision with them having to cover a lot of theory in the verbal response.

### EAPI information

This is the verbal element of the NEA work. We completed a task during the assessment block in February in Year 12 where students analysed a piece of video footage and had to link the theory to what was happening during the clip. This was to help them gain experience of delivering a verbal response whilst being videoed and also how apply the theory to practical situations. This is partially what the students will cover during their EAPI. Learners observe a live or recorded performance of a peer in either their own assessed performance activity or another activity from the approved list. This performance must be new to them to ensure that the response to it is not rehearsed. Learners are assessed in their ability to evaluate an individual's performance (rather than that of a team) and propose a viable development plan to improve that performance. Learners will then give a verbal response in which they analyse and critically evaluate:

- the quality and range of the acquired and developed skills being performed
- the appropriateness and level of success of the selection and application of skills, strategies and tactics
- the understanding and awareness shown by the performer during performance
- the use of physical attributes during performance
- the overall effectiveness and success of the performance.

Learners will identify and justify the major area of weakness within the performance to prioritise for improvement and will propose a long term (2–3 months) development plan to improve the area of performance identified. The development plan should include:

- aims and objectives for the development plan
- a timescale for the plan
- why it is appropriate to spend this length of time on improving this one area
- frequency, duration and focus of sessions
- detailed progressive practices
- detailed coaching points
- potential adaptations to the development plan depending on progress
- how improvement could be measured.

Learners will justify both their evaluative comments and their development plan with application of relevant knowledge and concepts which they have studied within Components 01, 02 and 03 of the GCE level Physical Education specification.

### Homework

Students have been informed that their home learning will be set on a week by week basis either electronically (email or Google Classroom) or verbally. The tasks set will be relevant to the topics and encourage further learning around the area taught in the lesson. If there are

not specific tasks that students have been encouraged to read around, then they should observe sporting news/stories during the week to help support the examples needed for their examinations. Students should be consistently reading their notes to familiarise themselves with the content.

### **Personal study**

Students are allocated personal study during their free periods. For three hours per fortnight students should focus on their Physical Education studies. During these lessons students will be expected to continue to research and prepare for their EAPI assessment and keep their competitive log up to date. Students need to be working hard outside of the classroom to give themselves the best possible chance to achieve the grade they are capable of.

We hope you find the information useful and thank you for in advance for your support. It is a subject we are passionate about and we hope our students feel the same way throughout their studies.

Mrs Kennedy & Mr Henderson

Poynton PE department

If you have any further questions or concerns please contact us:

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