

Year 12 A level Bulletin

Dear Parents/Guardians/Carers,

Welcome to the A level PE course! As part of the monitoring system you will be sent bulletins each term to let you know the topics that are being covered, the end of unit tests, and any other information relevant to the course along with celebration of achievements.

If you have any further questions or concerns please contact us:

- cwilson@phs.cheshire.sch.uk – Miss C Wilson (Sports Psychology & Socio-cultural issues – Paper 2 & 3; NEA – Practical & EAPI)
- jhancock@phs.cheshire.sch.uk – Miss J Hancock (A & P/Physical factors affecting performance – Paper 1)

Students have made a positive start to the course so far and have all complied with the departments expectations and the behavior policy within lessons – where this falls short you will be contacted by the relevant member of staff.

This term...

Theory lessons – TOPICS:

JLH: Applied Anatomy & Physiology

- Skeletal system
- Muscular system

CEW: Skill Acquisition

- Classification of skills
- Types and methods of practice
- Transfer of learning
- Principles & theories of learning movement skills
- EAPI

Students will be issued with an interleaving test at the end of each half term (approximately) during their timetabled lessons. The dates for these will be communicated via subject teacher directly to the students in an appropriate time frame. These assessments create a portfolio of information that we analyse to arrive at grade decisions for reporting.

Tests will cover all of the information cover within the relevant lessons. We will build up the length of test and types of questions to fully replicate the final examinations as we progress. Each test interleaves previously learned topics and newly learned topics to promote retention.

Practical activities

Students are required to complete a competition log for the sport they will be assessed in. Videoing of their activity can be completed at any time during the course with students creating a portfolio of evidence if they wish rather than relying on one piece of evidence. This will help if a student sustains an injury close to moderation or evidence deadlines. Students are advised to be practising and competing in their sports as much as possible throughout the course. Students will receive a breakdown of what is required in their videos for their sport from their teacher(s). Students can gather evidence of skill practices but we need lots of competitive evidence to submit to the examiner. Evidence can be uploaded to Google classroom at any time. Students must ensure that they are identifiable on the video – this is helped by them appearing on the video at the start, stating their name and showing their number/position, etc. (if appropriate).

Homework

Students have been informed that their home learning will be set on a week by week basis via Google classroom or directly by their subject teacher in class. The tasks set will be relevant to the topics and encourage further learning around the area taught in the lesson. If there are not specific tasks set then they should observe sporting news/stories during the week to help support the examples needed for their examinations. Students should be consistently reading their notes to familiarise themselves with the content, creating revision materials.

Personal study

Students are allocated personal study during their free periods. For three hours per fortnight students should focus on their Physical Education studies. Students will be given tasks to complete during this time to supplement their classwork/homework. Alongside this they should be regularly reading their notes from lessons and researching more into the topic areas covered.

We hope you find the information useful and thank you for in advance for your support. It is a subject we are passionate about and we hope our students feel the same way throughout their studies.

Poynton PE department

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