

UKRAINE EMERGENCY APPEAL



Updated Practical Aid Needed

Food

Pasta, rice, tinned meat, tinned fish, tinned beans, packet soups
(with at least 1 year's best before date)

Medical

Dressing wound packs, bandages, gauze, gamgee pads, surgical gloves, surgical adhesive tape, saline steri pods, masks, first aid kits, antiseptic creams, paracetamol, ibuprofen, heat pads, pressure dressings for wounds, tubi grip, tourniquets

Toiletries

Soap, toothpaste, toothbrushes, flannels, shampoo, sanitary towels, nappies.

Please take to our warehouse: International Aid Trust,
Sherdley Road Industrial Estate, Lostock Hall, PR5 5JF
(tel: 01772 619888) or your local drop off point

For further information please contact the office tel: 01772 611000
Email: office@internationalaidtrust.org.uk

Charity Registration No. 1086597

- Support Ukraine through Poynton High School's appeal
- KS3 and staff – items to be taken to LHI in room 75 during am registrations (not SDD)
- KS4 and KS5 – items to be taken to RL in room 55 during am registrations (not SDD)

- Donations to be collected between **Tuesday 8th** and **am Friday 18th March**
- Please ensure items donated are on the list – **NOT clothes**
- For monetary donations, see the DEC website - <https://donation.dec.org.uk/ukraine-humanitarian-appeal>