





Poynton High School

Timing of the School Day



8.45am – 9.00am	Tutor Time	(15 minutes)
9.00am – 10.00am	Period 1	(60 minutes)
10.00am – 11.00am	Period 2	(60 minutes)
11.00am – 11.20am	Break	(20 minutes)
		
11.20am – 12.20pm	Period 3	(60 minutes)
12.20pm – 1.20pm	Period 4	(60 minutes)
1.20pm - 2.00pm	Lunch	(40 minutes)
		
2.00pm – 3.00pm	Period 5	(60 minutes)



INSPIRE

ACHIEVE

CELEBRATE