

BULLYING IN ALL ITS FORMS IS UNACCEPTABLE AT POYNTON HIGH SCHOOL

At Poynton High School bullying must not be tolerated by any student or member of staff. All students should feel safe to tell someone, whether another student or an adult, if they are being bullied.

Emotional:

Can include isolating an individual or spreading rumours about them

Physical: Can include kicking, hitting, pushing and taking away belongings

Verbal: Can include name calling, mocking and making offensive comments

Cyber-bullying: Where technology is used to hurt an individual – for instance text messaging or posting messages /images on the internet or any form of social media

Definition

Deliberately hurtful behaviour to another person and repeated over a period of time

Homophobic/Biphobic:

Motivated by a prejudice against someone because of their sexual orientation Sexist: Motivated by a prejudice against someone because of their sex/gender **Disability:** Motivated by a prejudice against people with any form of disability

Transphobic: Motivated by a prejudice against someone because of their gender

Religion/belief: Motivated by prejudice about someone's beliefs or religious practices



Racist: Motivated by racial, ethnic or cultural prejudice

If you have any concerns about how someone is treating you, or how they are treating someone you know, please speak to someone you trust. This could be:

- Family member - Friend - Form Tutor - Student Welfare Officer

- Year Director of Learning - Teenage and Family Worker - School Nurse

- Deputy Head Teacher

- Or any member of staff you feel comfortable talking to.

- Dedicated anti bullying advice e-mail - studentsupport@phs.cheshire.sch.uk

POYNTON HIGH SCHOOL IS AN ANTI-BULLYING SCHOOL