

Revision - The Basics

If your young person is set a task to revise for an assessment they will likely discuss useful methods at home. There are more 5 minute guides on some of the most useful techniques. Revision can be a daunting task, keeping these basic points in mind can make it much more manageable.

- Don't be fooled into thinking that revision is a speedy and simple process. Getting things to stick does take time and effort!
- Really good revision takes place over time, so revising throughout the year, rather than just before assessments is key to doing well.
- Creating revision resources (like mindmaps and cue cards) is just the start, they are useful but young people need to use them to actively test themselves for these things to work. (see the PHS Parent Guide guide on mindmaps for more info)
- Parents can help by testing their young person, there are a number of ways you can do this. You could ask them questions based on the content from a revision guide or their exercise book. You could ask them to explain a topic to you – if a person can explain tricky concepts it shows they understand them and discussing them with others re-affirms their understanding.
- Some old habits aren't that great. Highlighting and re-reading information doesn't actively use the content, they aren't as beneficial as some people think.
- Revising with distractions such as music (especially with lyrics) or a mobile phone nearby makes the revision time less effective. It would be better to spend a shorter more focused period of time revising away from all distractions.

Looking for useful revision techniques – see more of our PHS – Parent Guides

