

# How to help with becoming 'unstuck'

We have held assemblies in school looking at how amazingly resilient and resourceful young people can be when they are faced with barriers in video games, we challenged the students to consider why often they fail to respond in the same resourceful way to barriers they experience in their learning. Some tips for becoming unstuck:

- Look at what the task/question is actually asking of you. Can you re-word it to simplify it?
- Review the task – have you done anything like this before? What worked last time?
- Break the task down into small steps – what's needed for step one? Often just getting going is the biggest barrier.
- Think about what resources are available – what will you need for the task? Where can you find this?
- Do you have notes on this? – have you checked your exercise book to look for notes which help?
- Look online for useful guides – is there a guide online, maybe your teacher has shared something on Google Classroom? There may be a video on YouTube to help? You could look for another explanation on a site such as BBC Bitesize or Oak National?
- Ask another member of your class, can they explain it to you?
- Tell your teacher you are finding it difficult, they might think you've cracked it when you are still struggling.

