



POYNTON HIGH SCHOOL

RELATIONSHIPS & SEX EDUCATION POLICY (RSE)

This policy has been reviewed with due regard to the governing body's statutory requirements under the Equality Act 2010.

Sex and Religious Studies does not take place only in Relationship lessons - it occurs across several curriculum areas:-

- R.S.
- Science
- Development Day PSHCE Year 7-13
- The hidden curriculum of the school also helps to develop aspects of SRE e.g. self worth.

Aims

The sex and relationship education within the school aims to provide opportunities for students to develop the skills, knowledge and understanding they need to lead confident, healthy, independent lives and become informed and active citizens. The work aims to be delivered in an accepting and honest way which enables young people whatever their gender and/or sexuality, to contribute. The information given will be appropriate to the age of the students.

Objectives

- To develop students' confidence and esteem
- To develop students' knowledge about healthy and safe lifestyles so that they are able to make informed decisions.
- To develop students' knowledge and understanding about the services and support networks that are available.
- To enable young people to develop the skills, attitudes and values to form effective, fulfilling relationships.
- To provide opportunities for young people to develop an understanding of, and respect for, difference.
- To enable young people to develop the skills necessary to protect themselves from exploitation/ manage a variety of relationships and their consequences.
- To enable young people to develop the ability to understand the consequences of their decisions and actions.
- To consider the legal, moral and cultural dimensions of sexual behaviour.

- To provide support which will help students cope with the physical and emotional aspects of growing up.
- To raise awareness of the significance of stable relationships, as key building blocks of society.

Moral and Values Framework

The sex and relationship education programme will reflect the school ethos and demonstrate and encourage the following values:

- Respect for self and others
- Respect for difference
- Responsibility for their own actions
- Responsibility for their family, friends and wider community
- The rights of the individual
- Equality

Content

See Attached sheet (appendix 1)

Delivery

The sex and relationship education programme will be delivered by a combination of specialist staff, external speakers and Form Tutors.

The work in this area of the curriculum should be delivered within the aims and objectives stated above and delivered through inter-active methods e.g. group work, role play and discussions.

All young people are entitled to receive sex and relationship education and the work specified within the science orders will be delivered within the science curriculum. The Science and PSHCE teams will liaise in order to ensure coherence and complementary practice.

Young people will be consulted in order to ascertain their needs and they will be involved in evaluating each lesson and the overall programme.

Working with parents

The school is committed to working with parents as part of its work towards being a healthy school. Parents can, under section 405 of the Education Act 1996 withdraw their child from sex and relationship education lessons:

'If any parent of any pupil.... requests that she/he may be wholly or partly excused from receiving sex education at the school, the pupil shall, **except** in so far as the education is comprised in the National Curriculum, be excused accordingly until the request is withdrawn.'

Parents wanting to exercise this right are invited to see their child's Director of Learning who will explore their concerns and discuss any impact that such action may have on the child including the possible negative experiences or feeling that may result.

At the start of each academic year, parents of students in Years 7; 8; 9; 10 & 11 are informed via the school website prior to any S.R.E. This is to give parents the opportunity to have discussions with their son/daughter in advance of any school sessions if they feel that this would be beneficial.

Sex and relationship education materials will be available to parents who wish to supplement the school programme.

Child Protection

The school has a safeguarding policy, which is available on the school website or from the school office.

Confidentiality

It is the responsibility of the school to support young people but no member of staff can guarantee absolute confidentiality.

Young people will be made aware that 'confidences' may be shared if that is seen to be beneficial for the young person's well-being.

Procedures for Policy Monitoring and Evaluation

Young people and staff will be consulted every year about the content and delivery of the sex and relationship programme. This will inform any further policy development.

The overall responsibility for policy monitoring and evaluation remains with the Governing Body as represented by the Curriculum Committee.

Dissemination of Policy

If parents would like their own copy of the policy it is available on request from the school office and on the school website.

REVIEW

Date of Policy: December 2018
Review date: The Policy will be reviewed in 3 years unless operating experience and/or changes in legislation require an earlier review.

APPENDIX 1

Year 7 (up to 6 lessons)	Science Staff in science lessons	<ul style="list-style-type: none"> - Reproduction including: <ul style="list-style-type: none"> ○ Fertilisation ○ Pregnancy ○ Puberty
Year 7	Development Day	<ul style="list-style-type: none"> - Physical and emotional changes during puberty. - LGBT Introduction – types of relationships
Year 8	Development Day	<ul style="list-style-type: none"> - Relationships with families - Relationships with friends - How to manage relationships - Assertiveness
Year 9	Development Day	<ul style="list-style-type: none"> - Staying safe expecting more – theatre group - Exploited relationships - Emotional impact of relationships
Year 10	Development Day	<ul style="list-style-type: none"> - Sex and the law - Contraception demonstrations - STI NSPCC talk on sexting - Sexpression talk re sex and the media
Year 11	Development Day	<ul style="list-style-type: none"> - School Health talk on taking charge of your health
	Science Staff in science lessons	<ul style="list-style-type: none"> - Menstrual Cycle
Year 12	Development Day	<ul style="list-style-type: none"> - Health and Wellbeing
Year 13	Development Day	<ul style="list-style-type: none"> - Safer Sex - Sexually transmitted infections - Signposting condom distribution

Other Information

School Nurse via School Health
 Teenage and Family Worker
 School Counsellor
 SCIES team support

Year 10 Full Course GCSE RS

Relationships and Families (studied from a secular, Buddhist and Christian perspective)

- Concepts of commitment, responsibility, contract and covenant
- Human sexuality and sexual relationships (heterosexual and homosexual relationships)
- Age of consent and religious attitudes to sexual relationships before and outside marriage
- Religious attitudes to contraception
- Religious understandings of the purpose and character of marriage
- Marriage ceremonies, contracts and vows, alternatives to marriage
- Religious responses to the issues of love, parental involvement and race in the choice of marriage partner
- The concept and role of parenting
- The concept and role of the family
- Religious attitudes to divorce.

Year 11 Full Course GCSE RS

Religion and Life (studied from a secular, Buddhist and Christian perspective)

- The concept of the sanctity of life in relation to its preservation
- The issues surrounding when life begins, including at conception, development of backbone, when heart starts beating, at viability, when the baby is born
- The issues concerning the quality of life, including severe disability, unwanted children, poverty and suffering
- Reasons used by religious believers for and against abortion
- The Law and abortion, including the 1967 and 1990 Acts
- The rights of those involved, e.g. mother, father and unborn child

Year 13

As part of students' enriching experiences, a Day of Peace is held for all Year 13 students. Guest speakers from a variety of religious organisations, charities and pressure groups lead activities and debates. This day allows students to consider and the status and relevance of ethical, religious and spiritual issues in the 21st century. It is also part of the broader education that is of interest to universities and employers.

Student Development Days 2018-19

	Wed 3rd October	Wed 14th November	Thurs 17th January	Wed 6th March	Tues 16th July
7	High School Ready	Stock Market Challenge	All About Me	Diversity	Eco Day
8	Positive Relationships	Living in the community	Diversity	Money Matters	Tea Party
9	Happy Relationships	Healthy Living	GCSE Options	Staying Safe	Law and Order
10	Health Day	Sex and stuff	Diversity	Higher Education <i>Visit?</i>	Macclesfield Pledge and Carers Enterprise
11	Health and Wellbeing	Steps to the future (Macclesfield Pledge)	Core Subject Study	Science Pixl / Prom & Year book prep	
12	Induction to a positive experience in the 6 th form	Health and Wellbeing	The Wider World	UCAS convention	Work Experience
13	UCAS / Employ	UCAS / Interview Workshop	Revision Day <i>(not in school)</i>	Future Paths	

