

# WEEK 1 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	RICE BOX	RICE BOX
<b>MON</b>	<b>Chicken Tikka Masala</b> 🍷 🌱 Served with Wholegrain Rice and Vegetables	<b>Roasted Rainbow Vegetables</b> 🌱 🍷
	BURGER BAR	BURGER BAR
<b>TUE</b>	<b>Double Beef Burger</b> Served with Chipotle Wedges and Corn on the Cob	<b>Veggie Burger</b> 🌱 Served with Chipotle Wedges and Corn on the Cob
	HOT DELI	HOT DELI
<b>WED</b>	<b>Spicy Chicken Pitta</b> Served with Mixed Salad	<b>Sticky BBQ Quorn Pitta</b> 🌱 Served with Mixed Salad
	MAC SHACK	MAC SHACK
<b>THUR</b>	<b>Macaroni Cheese with Crispy Bacon</b> Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	<b>Macaroni Cheese with Chipotle Sweetcorn</b> 🌱 🍷 Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Quorn Sausage Roll</b> 🌱 Served with Chips, Baked Beans and Peas

### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad 🌱 🌱  
Roasted Indian Chickpea Salad 🍷 🌱

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette 🌱  
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap 🌱 🌱  
BBQ Chicken Wrap 🌱  
Chicken Caesar Wrap 🌱

# WEEK 2 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b> ♻️ ❤️ Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
<b>TUE</b>	<b>Mandarin Chicken</b> 🌿 Served with Wholegrain Rice, Peas and Crunchy Slaw	<b>Vegetable Donburi</b> ♻️ Served with Peas and Crunchy Slaw
	HOT DELI	HOT DELI
<b>WED</b>	<b>Roast Chicken and Stuffing Baguette</b> Served with Chipotle Wedges, Coleslaw and Sweetcorn	<b>Korean BBQ Quorn Sub</b> ♻️ Served with Chipotle Wedges, Coleslaw and Sweetcorn
	LOADED NACHOS	LOADED NACHOS
<b>THUR</b>	<b>Chilli Con Carne Nachos</b> ❤️ Served with Mixed Salad and Salsa	<b>Chilli No Carne Nachos</b> ♻️ ❤️ Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Southern Fried Chicken Wrap</b> Served with Chips, Baked Beans and Peas	<b>Cheese and Onion Pasty</b> ♻️ Served with Chips, Baked Beans and Peas

### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad 🌿 ♻️  
Roasted Indian Chickpea Salad ❤️ ♻️

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette ♻️  
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap ♻️ 🌿  
BBQ Chicken Wrap 🌿  
Chicken Caesar Wrap 🌿

# WEEK 3 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	HOT DOGS	HOT DOGS
<b>MON</b>	<b>Classic New Yorker Hot Dog</b> Served with Chipotle Wedges and American Slaw	<b>Tropical Sunshine Hot Dog</b>   Served with Chipotle Wedges and American Slaw
	STREET FOOD	STREET FOOD
<b>TUE</b>	<b>Buffalo Chicken</b> Served with Baked Garlic and Herb Wedges and Mixed Salad	<b>Quorn Shawarma Pitta Pocket</b>  Served with Mixed Salad
	CLASSICS	CLASSICS
<b>WED</b>	<b>Roast Beef Meatballs</b> Served with Mashed Potato, Peas and Gravy	<b>Roast Veggie Balls</b>  Served with Mashed Potato, Peas and Gravy
	BUDDHA BOX	BUDDHA BOX
<b>THUR</b>	<b>Nut-free Chicken Satay Buddha Box</b>  Served with Wholegrain Rice and Mixed Salad	<b>Roast Butternut Squash, Chickpea and Broccoli Buddha Box</b>   
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Vegetable Fajita</b>   Served with Chips, Baked Beans and Peas

### HOT DISHES:

**Paninis**  
**Pasta and Sauces**  
**Freshly Baked Pizza**  
**Soup and Bread**  
**Jacket Potato and Toppings**

### SALADS:

**Tuna and Sweetcorn Pasta Salad**  
**Pesto Pasta Salad**    
**Roasted Indian Chickpea Salad**  

### SANDWICHES/BAGUETTES:

**Ham and Cheese Sandwich**  
**Chicken Salad Sandwich**  
**Cheese Baguette**   
**Tuna Mayo Baguette**  
**BLT Baguette**

### WRAPS:

**Pepper and Houmous Wrap**    
**BBQ Chicken Wrap**   
**Chicken Caesar Wrap** 