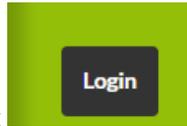




# Using Dr Frost Maths at Poynton



1. Go to <http://www.drfrostmaths.com>



2. Click and enter your PHS truelearning email address

Eg [22SmitD@phs.truelearning.org.uk](mailto:22SmitD@phs.truelearning.org.uk)

Try the password poynton (or another password that your teacher has updated it to.)

Continue your mathematical journey...  
Please fill in your login details below.

22smitD@phs.truelearning.org.uk

.....

Login Register

3. To complete the homework set by your teacher find the **My Homework** section on the Home page. Here you can see homework set by your teacher. Click on each homework to complete it.

### My Homework

- ✓ Algebra Practice  
Set to All of 7y/Ma5, Due Yesterday
- ✗ 2a. Algebraic Notation Key Skills  
Set to All of 7y/Ma5, Due Last month
- ✗ 1c. Sequences Exam Questions (E)  
Set to All of 7y/Ma5, Due Last month

4. To complete independent practice, find the **What to work on Next** section on the Home page. Click on any of the offered topics or click on the Course section next to it to practice skills you've learned or are going to learn later in the year.

### What to work on next?

Start a Practice

- 87 Find terms of a sequence given a position-to-term rule.
- 86 Find terms of a sequence given a term-to-term rule.

Review Progress

YOUR COURSES  
Year 7

### Problems Logging in?

If you have problems logging in watch these videos which can help

<https://www.loom.com/share/1c045d141d31460eb5f23b10aff8e87a>

<https://www.loom.com/share/9c4cb9ca557949a493c27f8bf07ad513>