



Moving Up 2021

**A Guide to life at
Poynton High School**

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Welcome

Moving from primary to secondary school is known as transition. This move from Year 6 to Year 7 can be both exciting and yet a worry to new students and this year is even more difficult with us all looking after ourselves, our families and our community by staying at home.

We hope that this booklet will give you some general information about life at Poynton High School. We would like you to read through it and come up with some questions that you would like answered. Over the coming weeks we will put together a set of answers to these questions, from both staff and students, that we will share with everyone on our website

Please use the following link to submit any questions:

[PHS Transition Questions 2021](#)

In the booklet you will find details about;

- The School Day
- Timetables
- Your first day at school
- School Meals
- Our expectations of you
- Your expectations of us
- Uniform
- Extra Curricular Activities
- Frequently Asked Questions

We very much look forward to welcoming you for your first day of Poynton High School but in the meantime, look after yourselves and your family and keep in contact so we can make your transition to high school as easy and informative as possible.

Mr E Latch

Director of Learning:
Year 7 & Transition

Miss K Gyves

Student Welfare Leader:
Year 7 & Transition



The School Day

Outline

- You should arrive at school by 8:40am to be in your form room for 8:45am
- We use a 2 week timetable
- Each day is divided into 5 lessons plus registration, morning break and lunch
- Each lesson lasts for 60 minutes
- A bell indicates the start and finish of a lesson and break times

Morning		Afternoon	
8:45 - 9:00	Registration/Assemblies	12:20 - 1:20	Lesson 4
9:00 - 10:00	Lesson 1	1:20 - 2:00	Lunch (with Extra Curricular)
10:00 - 11:00	Lesson 2	2:00 - 3:00	Lesson 5
11:00 - 11:20	Break Time	3:00	School Day finishes
11:20 - 12:20	Lesson 3	3:00 - 4:30	Extra Curricular Activities

Assemblies

- Each week you will have one assembly during registration
- Week 1 is a Year Group assembly and Week 2 is a House assembly, on assembly days go straight to the main hall.

Houses

- Each form is put into a House where you can take part in a wide range of activities throughout the year for various trophies/rewards. You show your house colours by the colour of the school tie you wear.



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Newton

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Timetable



Here is an example of a timetable for a year 7 student. The codes underneath the subject are the set names, the letters are the teachers and the number is the room for the lesson (there are over 80 in total)

	1Mon	1Tue	1Wed	1Thu	1Fri
1	Mathematics 7cd/Ma3 ERL 13	Product Desi 7cd/Pd4 RDE 51	Geography 7cd/Gg3 HND 74	PE 7cd/Pe5 CLH	English 7cd/En3 RSP 24
2	English 7cd/En3 CWI 26	Science Dual 7cd/Sc3 CES 67	German 7cd/De3 CG 38	History 7cd/Hi3 LHI 75	History 7cd/Hi3 LHI 75
3	Food and Nu 7cd/Fn4 FMB 58	English 7cd/En3 RSP 24	Art 7cd/Ar4 PG 80	Mathematics 7cd/Ma3 JLB 10	German 7cd/De3 CG 46
4	German 7cd/De3 EAM 48	Mathematics 7cd/Ma3 JLB 10	Science Dual 7cd/Sc3 PHA 63	Religious Stu 7cd/Rs3 SK 56	Music 7cd/Mu4 TW 05
5	Science Dual 7cd/Sc3 PHA 65	PE 7cd/Pe5 CLH	Mathematics 7cd/Ma3 JLB 10	Computing 7cd/Co4 GHU 39	Tutorial 7cd/Tt3 KRU 14

	2Mon	2Tue	2Wed	2Thu	2Fri
1	Mathematics 7cd/Ma3 JLB 10	English 7cd/En3 RSP 24	English 7cd/En3 CWI 26	History 7cd/Hi3 LHI 75	Food and Nu 7cd/Fn4 FMB 60
2	Religious Stu 7cd/Rs3 SK 56	Mathematics 7cd/Ma3 JLB 10	Science Dual 7cd/Sc3 PHA 17	English 7cd/En3 RSP 24	PE 7cd/Pe5 CLH
3	German 7cd/De3 EAM 46	German 7cd/De3 CG 33	PE 7cd/Pe5 CLH	Science Dual 7cd/Sc3 CES 67	Geography 7cd/Gg3 HND 74
4	Computing 7cd/Co4 GHU 39	Science Dual 7cd/Sc3 CES 17	Drama 7cd/Dr4 RSP 24	Geography 7cd/Gg3 HND 74	Mathematics 7cd/Ma3 ERL 12
5	English 7cd/En3 RSP 24	Music 7cd/Mu4 TW 05	Mathematics 7cd/Ma3 JLB 10	Art 7cd/Ar4 EOA 79	English 7cd/En3 CWI LIB

Timetable



First Day Monday 6th September

On your first day you will need the following equipment;

- **Correct uniform**
- **Watch**
- **School bag** big enough to fit a few A4 size books in
- **Pencil case** containing a black or blue pen (with spare), a red pen (for SMART marking), pencil, ruler, rubber, pencil sharpener, glue stick
- **Scientific Calculator** ([Follow this link for some recommendations](#))
- **Packed lunch** (if required)
- **Water bottle** containing water



You should arrive between 8:30am and 8:40am and go to the Main Hall where you will be greeted by Staff to direct you where to go and what to do. For the first two hours Year 7 will be on their own in school before the rest of the school join at 11am.

Mr Dean (Headteacher) and Miss Holyland (Deputy Headteacher) will both speak to you all about life at secondary school. You will also meet your Director of Learning Mr Latch and Student Welfare Officer Miss Gyves

You will then meet your form tutor who will take you to your form room.

During the first morning you will be given the following things;

- **Student notebook** (for recording homework and general notes)
- **Timetable**
- **Homelearning timetable** (to be completed with your subject teachers)
- **You will be allocated a locker** (if you have requested to have one)
- **Computer login details**
- **Google Classroom login details** (all homelearning is set using Google Classroom)
- **Lanyard and Fob** (your fob will allow you to buy food from the restaurant)

During the morning you will complete an activity which tells your form tutor about your interests, strengths, talents, as well as your goals for Year 7.

You will be informed about lunch time arrangements for the first day as well as the rest of the week.

During the day you will have a tour of the school giving you the chance to see your classrooms for your afternoon lesson period 5 and your rooms for Tuesday's lessons and have certain places highlighted such as toilets etc.

School Meals



The restaurant operates a cashless catering system.

Money can be added to your account from home and you can also add money to your account in school via a machine near the restaurant.

A letter will be sent home about *ParentPay* before your first day.

We operate a 'Healthy Eating' policy with only 2 fried foods per week.

Breakfast and Break time Bar

This opens at 8:20am until 8:40am and again at 11.00am until 11:15am.

They serve a range of snacks including toast, bacon/sausage baps, waffles, fruit and drinks.

Lunch Options

- You have two options for lunch, packed lunch or school meal.
- For the first week of school Year 7 students will leave period 4 early so that you become familiar with how the restaurant works and which queues are for which items etc.
- Packed lunches can be eaten in designated areas which you will be shown within your first day's tour around the school.

The following things are usually available;

- *Pasta with sauce*
- *Pizza*
- *Salad*
- *Assorted sandwiches*
- *Baguettes*
- *Hot filled sandwiches*
- *Paninis*
- *Jacket Potatoes with various fillings*
- *Hot meals including two homemade dishes each day (meat and vegetarian)*
- *Various deserts including Yoghurts, Fruit, Cakes etc.*
- *Various drinks including, Water, Juice, Milkshakes etc.*



A typical two course main meal deal lunch should cost no more than £2.50.

Drinks bought in the restaurant usually cost around £1.00.

We encourage our students to bring a water bottle with them. Bottles can be filled in the restaurant using our cooled and filtered dispenser.

SCHOOL MEALS



High Expectations

We expect the following things from you;

- Arrive on time
- Be polite and respectful
- Dress smartly and with pride
- Be prepared for the lesson
- Celebrate hard work and achievement
- Be responsible for your actions
- Follow all instructions
- Never give up
- Be book smart

Please Note:

Mobile phones are brought in to school at students own risk. They must not be seen or heard at any time whilst on the school site. Any mobile phones that are seen or heard will be confiscated and returned to parents (not students) after a minimum of 24 hours.

Your Expectations



You can expect the following things from us;

- A safe and secure learning environment
- To support your learning
- To give you the opportunity to extend your learning
- The chance to show your strengths, gifts and talents
- To guide you on how to become an independent learner
- To provide out-of-hours learning activities and lunchtime clubs
- The chance to voice your opinions through the School Council about aspects of school life
- Pastoral and academic guidance from staff and older students
- Mutual respect and trust

House Points

House Points are awarded to students for;

- Effort
- High quality work
- Consistence
- Good/improved behaviour
- Service to the school and its community

H1

H2

H3

H4

They are split into four levels of points H1, H2, H3, and H4. We will explain more in September. The House Points then lead to achieving the Bronze, Silver and Gold House Badges and finally lead to the Governors Award for the most dedicated students. The total of all the House Points then are added to the points gained by everyone in your House. The leading House each half term gets to have their House's flag fly above the school.

YOUR EXPECTATIONS



Uniform

uniform

DO WEAR	DO NOT WEAR
A navy blazer with the school badge on the top pocket	The blazer with the sleeves rolled up
A navy school badged skirt from PSU/Monkhouses, length 20 inches min <i>Code 3596 Banner or Charleston/Henley</i>	Any skirt that is not a school badged skirt
Black tailored trousers worn to the waist <i>Code 3832 Banner</i>	Hipsters, jean-style, frayed, clingy, Lycra, decorated or casual trousers
A blue school style shirt for KS3 A white school style shirt for KS4 Buttoned to the neck and tucked in. Short, $\frac{3}{4}$ sleeve or long sleeved	<ul style="list-style-type: none"> An open necked shirt A visible tee-shirt An exposed midriff
Plain black/flesh coloured tights Plain black or white socks	Patterned tights, coloured/patterned socks, trainer socks. Socks and tights
All Black shoes suitable for school (Leather/Leather look)	Canvas/suede "Slipper-style" shoes or shoes with the backs crushed so that they slip on and off High-heeled/Stilettos Ugg Boot style Trainer/pumps/sports style shoes
School clip on tie in house colours	Non clip on tie

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PE Uniform



PE Kit List:

Compulsory

Sports Tee Shirt
Shorts or Skort
Socks
Multisport Top (Boys)

Optional

¼ zip top
Leggings with PHS logo
Training Pants

Extra Info

-Trainers (not pumps)
-Studded footwear is required for Football and Rugby lessons
-We recommend gum shields for Rugby
-If your child wear glasses, it is recommended that they wear prescription 'sports glasses' for PE lessons

Compulsory



Optional



Uniform

School Uniform can be purchased from the following suppliers;

Ann Taylor - P.S.U. of Poynton Ltd
01625 876 885 www.psupoynton.co.uk

PSU School Shop Opening Times (shop on PHS site by drama studio);
Monday and Thursday lunchtimes and Tuesday night 7pm to 8:30pm
Term time only, open summer holidays by arrangement
Order online at www.phs.uniform4you.co.uk, password - Yewtree1

F R Monkhouse - The Shopping Centre, Cheadle Hulme
0161 488 3410 www.monkhouse.com



Extra Curricular

Outside of lessons we offer a wide range of activities. An example from the extra curricular timetable for 2019/20 is included here. This is just a sample of what PHS can provide for our students to enjoy. If you want to take part in something that is not on the list or try something completely new. Talk to your form tutor or Mr Latch and they will see if it is something we could set up for everyone to try.

PE Timetables

Each week PE publish their timetable for the week and their lunch activities. Below are a couple of examples of what they offer:

PE Department After School Activities			
Day	Activity	Time	Location
Monday	Gravitate Dance Club	3pm - 4.15pm	Dance Studio
	Indoor Girls Cricket	3pm - 4.15pm	PHS/Gym
	Basketball Training	3-4.15pm	Leisure Centre
	GCSE PE and C National Sport Revision / Catch Up	3pm-4pm	Room 7
Tuesday	Year 8-11 Girls Netball Training	3pm-4.15pm	Hard courts
	Year 8 and 9 Dance Club	3pm-4.15pm	Dance Studio
	Year 8 Futsal Competition @ Eaton Bank	12pm-5pm	Eaton Bank
	Year 10 Football v Blue Coat (National Cup)	1.20pm-5pm	Blue Coat
Wednesday	Netball Training Year 7 Only	3pm-4.15pm	Hard Courts
	Year 7 Rugby Match (CHHS)	3pm-5.30pm	CHHS
Thursday	Badminton Training-All Years	3pm-4.15pm	Leisure Centre
	Year 7 Football v All Saints (National Cup)	1.20pm-5.30pm	Knowsley
	Rugby Training-All Years	3-4.15pm	School Fields
Friday	Year 7 Dance Club	3pm-4.15pm	Dance Studio
	Year 8 Football v QES (National Cup)	Leave 11am	Cumbria
	Fitness Friday (AKE/FAC)	3pm - 4.15pm	PHS

PHS PE Lunch Time Activities

All pupils welcome to attend any PE extra-curricular club. You just need to turn up to the leisure centre. Kit is not needed for lunch time clubs

Day	Activity	Time	Location
Monday	Badminton (CME)	1.20pm-1.50pm	Leisure Centre
Tuesday	GIRLS Year 7, 8 and 9 Games Club (JLH)	1.20pm-1.50pm	Leisure Centre
	Leadership Club (CEW)	1.20pm-1.50pm	Leisure Centre
Wednesday	Indoor Cricket (MAH)	1.20pm-1.50pm	Leisure Centre
Thursday	Basketball (CME)	1.20pm-1.50pm	Leisure Centre
Friday	Dodgeball (KAS)	1.20pm-1.50pm	Leisure Centre

Extra Curricular Timetable 2019/20

Activity	Years	Time
Monday		
Badminton	All	1:20-1:50
ECO-School Group	All	1:20-1:50
Creative Writing Club	7 to 9	1:20-1:50
Gravitate Dance	All	3:00-4:00
Netball Training	7 & 8	3:00-4:15
Basketball Training	All	3:00-4:15
Tuesday		
Games Club	7 & 8	1:20-1:50
Dance Club - Year 9	9	3:00-4:00
Football Training (Boys)	7 to 9	3:00-4:15
Wednesday		
Indoor Cricket	All	1:20-1:50
Youth Alpha Club	All	1:20-1:50
PJS Choir	7 to 9	1:20-1:50
Science Club - Year 7	7	3:10-4:10
Netball Fixtures	All	3:00-5:30
Thursday		
Basketball	All	1:20-1:50
Pride youth Network	All	1:20-1:50
Dance Club - Year 7	7	3:00-4:00
Football Training (Girls)	All	3:00-4:15
Rugby Training	All	3:00-4:15
Badminton Practice	All	3:00-4:15
Dress a Girl Around the World	All	3:00-4:30
Concert Band	All	3:10-4:30
Friday		
Indoor Football	7 & 8	1:20-1:50
Music Tech Club	All	1:20-1:50
Squashed Tomatoes Book Club	7 to 9	1:20-1:50
String Orchestra	All	3:10-4:30
Fitness Club	All	3:00-4:00



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FAQ



The following questions are asked frequently by Year 6 students:

- Q. What if I don't understand the work in a lesson?
A. Don't be afraid of asking the teacher to explain again, you might not be on your own!
- Q. What if I arrive late to school?
A. Go to reception and sign in giving your reason for being late. More information will be given on this in September.
- Q. How will I find out what homelearning I have?
A. We use a website called Google Classroom where all of your homelearning is recorded, including some tasks that you complete on the computer. We will give you full instructions on how to access this and do the tasks.
- Q. What sorts of homelearning will I get and how long will it be?
A. Each piece of homelearning should be no longer than 20 minutes and each subject will set the work based on your homelearning timetable. There will be a mixture of online and written work to be completed.
- Q. What if something goes missing in school?
A. Once you have checked the obvious places then ask at to see if it has been handed in. Most items do turn up if they are named.
- Q. What if I forget my PE or Dance kit?
A. Inform the teacher before the lesson and/or borrow some kit.
- Q. What if I have to leave school early for an appointment?
A. Bring a note or appointment card. Tell your form tutor and the teachers of the lessons you are going to miss. Sign out at Reception. Make sure you catch up any work missed.
- Q. Who should I talk to if I have a problem?
A. Find your Form Teacher, Miss Gyves, Mr Latch or any adult you feel comfortable speaking to and ask to talk through what is worrying you.
- Q. What if I get lost?
A. Do not worry! Look for any adult to help and Sixth Formers are always looking to help out a Year 7. You just need to ask for directions. Your form will also have an older student linked to it for the first couple of weeks to help show you round in between lessons.
- Q. What do I do if I feel unwell?
A. Speak to the teacher in your lesson and they will ask for someone to collect you and take you to the first aid room.

Questions



PHS Transition Questions 2021

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Notes



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